



Nurturing Families Inspiring Childcare



1515 W. Main Street
Norman, OK 73069

LifeWaysNorthAmerica.org



LifeWays Early Childhood Certification:

PROFESSIONAL AND PERSONAL
DEVELOPMENT FOR TEACHERS,
CAREGIVERS AND PARENTS

LifeWaysNorthAmerica.org

LifeWays Living Arts: Your Journey to Joyful, Purposeful Living

The heart of LifeWays is RELATIONSHIP-BASED CARE where children thrive in warm, home-like environments with mixed-age groupings and consistent, loving caregivers.

Based on the profound research of Dr. Rudolf Steiner, founder of Waldorf education, and other leading developmental experts, LifeWays courses offer the opportunity to enter deeply into the LIVING ARTS.



LifeWays Training has been designed for both parents and professionals.

**Deepen your family life or
Inspire your work with young children or
Start a new career**

Students learn from master teachers in 200+ in-class hours during four sessions over a year's time. Mentor-supported independent study between sessions provides a comprehensive learning experience.

**Trainings are offered throughout North America.
Check online for dates and locations.**

LifeWays graduates are using what they have learned

**With their own families
In LifeWays childcare and in-home programs
In schools as assistant teachers or offering
parent-child, after-school and childcare programs**

**Look online for locations and dates:
LifeWaysNorthAmerica.org
[Facebook.com/LifeWaysNorthAmerica](https://www.facebook.com/LifeWaysNorthAmerica)
Call or text (405) 343-7211**



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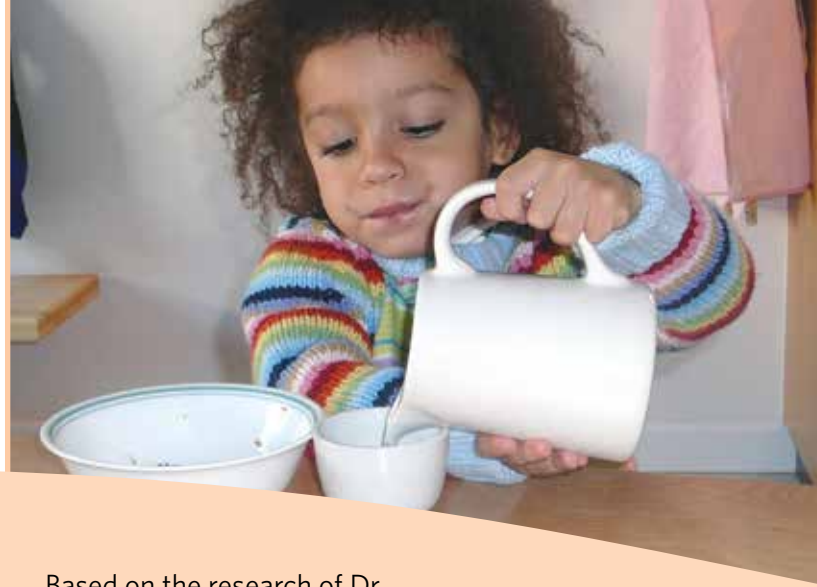
Responses from parents and teachers:

"Thank you all for such a wonderful week. I feel so blessed to be part of this warm, inspiring group of women. I am filled with love, joy and knowledge and look forward to sharing that with others. A life-changing week!" - E.Y., Oklahoma

"I use the training every day in my work and my home. I am constantly reminded of awareness I gained through the training, of respecting each other and bringing reverence into our daily activities. Since taking the training, I am working as an assistant in a Waldorf kindergarten and leading a Parent-Child class." - E.O., Maine

"LifeWays has been a great support to me as a Pre-K assistant in the Waldorf school where I work. It has deepened my understanding of child development, according to Steiner's work, and aided in my ability to work well with the children. I am also using it to help our school in considering expanding our EC department to include children younger than 3 years and 3 months." - M.E., Tennessee





Lifeways Early Childhood Certification: PROFESSIONAL AND PERSONAL DEVELOPMENT FOR TEACHERS, CAREGIVERS AND PARENTS

LifeWays Living Arts: Your Journey to Joyful, Purposeful Living

The heart of LifeWays is *relationship-based care* where children thrive in warm, home-like environments with mixed-age groupings and consistent, loving caregivers.

LifeWays Trainings are offered throughout North America

Based on the research of Dr. Rudolf Steiner, founder of Waldorf education, and other leading developmental experts, LifeWays courses offer the opportunity to enter deeply into these LIVING ARTS:

Nurturing Art of Care and Compassion

- Understand the profound gift of simplicity and how to practice mindfulness.
- Embrace nature as a masterful teacher for children and adults alike.
- Learn skilled home health care practices for wounds, fevers, and congestion, as well as the art of napping, feeding, clothing, comforting and tending to children from infants to age six.

Practical Art of Creating a Home-like Environment

- Create daily/weekly schedules that invigorate rather than exhaust.
- Bring levity and joy to caring for your home or work environment.
- Develop sound practices for establishing an in-home or center-based business or parent-child program.

Creative Art of Making Beautiful Things

- Craft beautiful, purposeful things.
- Make music and art for yourself and children.
- Make puppets, tell stories and create engaging age-appropriate games for young children.

Social Art of Awareness and Play

- Support children's optimal development by applying LifeWays Principles and allowing time for deep, self-directed play.
- Recognize childhood as an authentic time unto itself and not merely a preparation for schooling.
- Understand yourself, children and other adults better through a variety of exercises and the study of human development and personal biography.
- Become resilient and say 'yes' to what life brings to meet you.

LifeWays Early Childhood Certification combines 210+ on-site hours with mentor-supported Integration of Learning independent study in a year-long, part-time curriculum for childcare providers in homes and centers, parent-child teachers, au pairs, nannies, home-schoolers, parents and anyone who cares for children from birth through age six.

Tuition Payment Plans

LifeWays works creatively and generously with all sincere applicants. Do not hesitate to inquire.

A soulful retreat offering a respite from your day-to-day, rushed-life routine, in surroundings that allow for learning, inspiration and community.

Enrich your family life or find a new career in early childhood.

LIFEWAYS LIVING ARTS: YOUR JOURNEY TO JOYFUL, PURPOSEFUL LIVING AT HOME AND WORK • BE A PART OF THE SOLUTION TO PROTECT CHILDHOOD!



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