FUNDAMENTALS COURSE BASIC SCHEDULE					
	DAY ONE	DAY TWO	DAY THREE	DAY FOUR	DAY FIVE
8:30-9:00	MORNING SONGS / SINGING GAMES / EIGHTFOLD PATH / OPENING VERSE				
9:00-10:00	E A R L Y C H I L D H O O D D E V E L O P M E N T				
	Walking, Speaking, Thinking and Mantles of Support			12 Senses/4 Foundational Senses to Support Healthy Life Rhythms and Human Relationships	
10:00-10:30	B R E A K				
10:30-12:00	C L A S S R O O M OR C A R E PROGRAM AND A C T I V I T I E S				
	The mood of the early childhood program	Supporting the work of the program, the lead teacher, and other colleagues	Rhythms of the Day: Inbreath/Out-breath, Active/Restful, Self-Directed/Focused Group Activity, Eating/Sleeping, Morning/Afternoon	Transitions - Scheduling Awareness, Music, Gesture	Play - Inside and Outside and How Play Supports the Developing Child
12:00-1:30	L U N C H / T I D Y I N G U P / D A I L Y C H O R E S AS WOULD BE DONE IN EC PROGRAM				
1:30-2:00	D A I L Y W A L K & I N N E R D I G E S T I O N O F M O R N I N G C O N T E N T				
2:00-3:00	M O V E M E N T				
3:00-3:15	B R E A K				
3:15-3:45	L I V I N G A R T S (Applicable to specific jobs the participants hold)				
	Essential Oils/Seasonal Teas	Nap time/ importance of sleep or rest	Wet on Wet Painting	Coloring/Drawing	Nature Table
3:45-5:45	S E A S O N A L C R A F T S / F O O D P R E P / N U T R I T I O N FOR THE Y O U N G C H I L D				
	SEWING AND FELTING SEASONAL CRAFTS / NUTRITION & COOKING / SNACK & LUNCH PREPARATION				